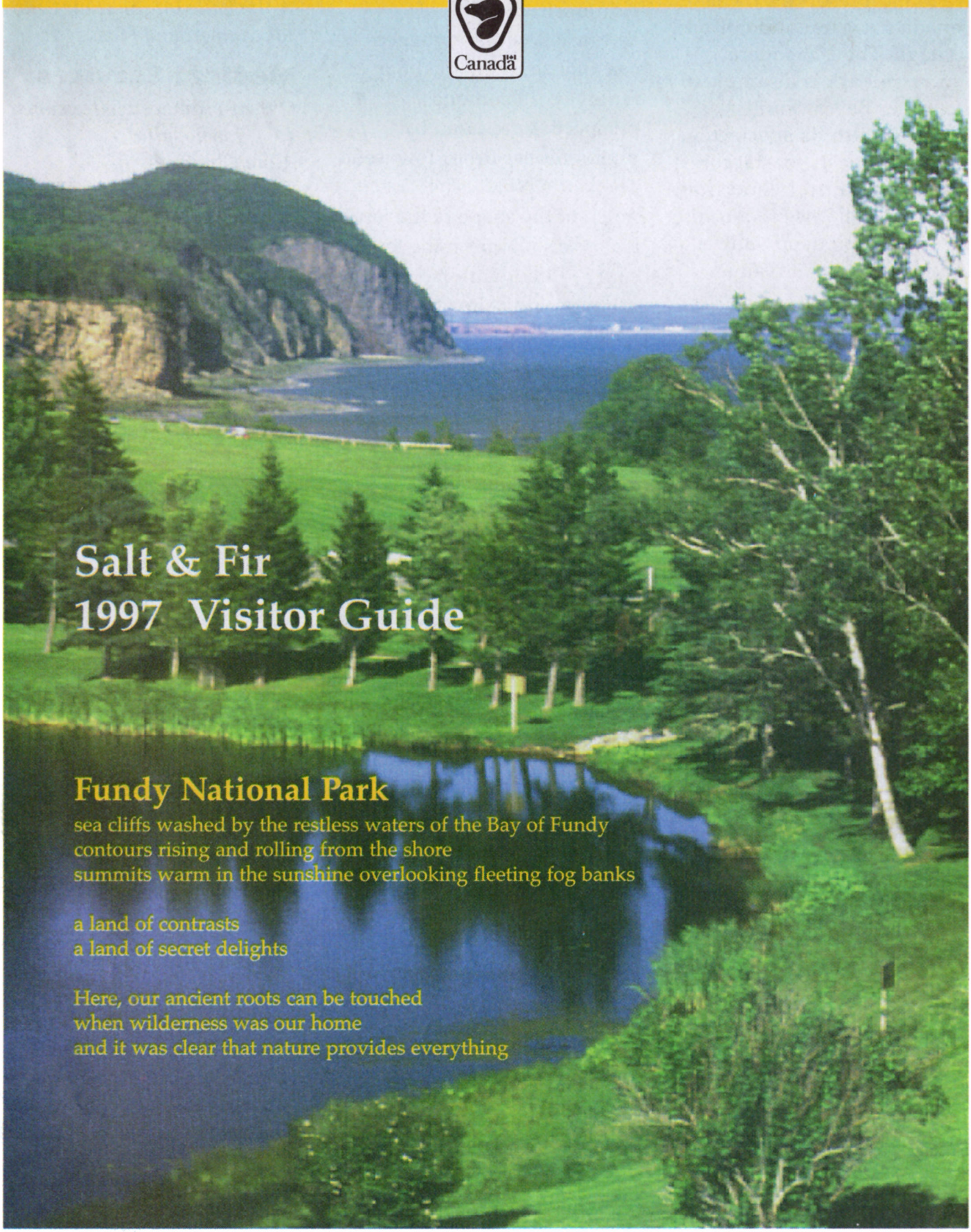

Salt & Fir
1997 Visitor Guide

Fundy National Park

sea cliffs washed by the restless waters of the Bay of Fundy
contours rising and rolling from the shore
summits warm in the sunshine overlooking fleeting fog banks

a land of contrasts
a land of secret delights

Here, our ancient roots can be touched
when wilderness was our home
and it was clear that nature provides everything

Aussi disponible en français

Welcome to Fundy National Park, a special place set aside in 1948 to preserve part of Canada's natural and cultural heritage. The 206 square kilometre Park is a sample of the upper Bay of Fundy shoreline with its spectacular tides and moist, coastal forest of spruce and fir. Inland from the shore, hills rise to a rolling plateau cut by deep valleys and fast-flowing streams.

What's in a Name?

In choosing a name for this guide, we have borrowed an expression from writer Maimie Steeves, a former resident of Point Wolfe Village. She called the people who lived in the area that is now Fundy National Park people of "the salt and fir" because of their dependence on the sea and the forest.

About the Cover

The Park's cultivated Administration area is contrasted with the rugged coastline and untamed Bay of Fundy in this unique perspective captured by photographer Brian Townsend. The kettle pond, as well as much of the shape of the land near the shore from the tennis courts, Headquarters campground, Alma beach to the swimming pool and golf course, was carved out during the last ice age. If you want to find out more about the glacial story, stroll to the pond, the bluff overlooking the Bay, and the Seawinds Restaurant overlooking the golf course. Signs illustrate the formation of these areas in cartoon format.

First Aid:

Visitor Centre
Wolfe Lake Information Centre
All campground kiosks

Medical Services:

Out-of-province visitors must go to the hospital
Alma Clinic
(Tuesdays only) (506) 887-2300 or 882-2911

Clinic in Riverside-Albert
(506) 882-2911

Hospital in Riverside-Albert
24 km east of Park, route 114
(506) 882-2750

Pharmacy, Riverside-Albert
(506) 882-2226

Important Numbers:

Park Information
(506) 887-6000

24-Hour Emergency
911

TDD
(506) 887-6015

RCMP
1-800-665-6663

Where to find . . .

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Salt & Fir is the official guide to Fundy National Park. The fees and information provided in the guide were accurate at the time of printing, but are subject to change.
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We're Glad You're Here!

We've been housecleaning just for you! When you invite guests to your house, do you spend hours cleaning, preparing, polishing? Sure! You are proud of your home and you want others to see it at its best. This same dedication applies to Fundy National Park. We are proud of the Park and what it stands for. We want you to see it at its best.

You may see us giving you information, maintaining trails, mowing grass, selling passes, scrubbing washrooms, patrolling roads. But we're also working behind-the-scenes doing repairs on plumbing, entering data into computers, and preparing budgets and work plans. Whether you see us or not, we each contribute to your experience here in Fundy National Park.

When you enjoy this Park, you return to your community relaxed and rejuvenated. And even better, when you have a meaningful experience in the natural world of Fundy, you will return re-created—a person who realizes that humans are only one of millions of life forms on earth and, thus, someone who will deeply value the existence of national parks and wilderness everywhere.

Looking beneath the surface, you will find our staff members have a great love for this landscape, its features and its history. Putting it into words may not be so easy. Earlier this century, James Harkin said it well:

"National Parks are maintained for all the people—for the ill that they may be restored; for the well that they may be fortified and inspired by the sunshine, the fresh air, the beauty, and all the other healing, ennobling agencies of Nature. They exist in order that every citizen of Canada may satisfy his craving for Nature and Nature's Beauty; that he may absorb the poise and restfulness of the forest; that he may fill his soul with the brilliance of the wildflowers and the sublimity of the mountain peaks; that he may develop the buoyancy, the joy, and the activity that he sees in the wild animals; that he may stock his brain and mind with great thought, noble ideals; that he may be made better, be healthier, and happier."

James Harkin, Commissioner of National Parks 1911-1936

We hope your stay in Fundy does just that—makes you better, healthier, and happier. We're trying hard to do our part to help that happen.

Jackie Olsen, Superintendent on behalf of the Park staff

photo by Brian Townsend

Come on in! You are invited to spend some time at the Visitor Centre. Get the information you need, observe the marine life in the aquarium, and watch a short video about the Park.

Guided Events and Programs

(see Calendar of Events on park bulletin boards)

Join an Interpreter
From late June to mid-October, Fundy National Park offers interpretive programs on everything from the great tides of Fundy to our changing forests.

Nature Exhibits
Check out the schedule for changing locations and stop by for a few minutes (or longer!) to chat with a Park interpreter about some aspect of Fundy's natural or cultural heritage.

The Secrets of Fundy

REVEALED
*** at the Outdoor Theatre**
*** on Guided Walks**

Our Interpreters tell ALL!

Consult the Calendar of Events posted on bulletin boards.
These events are paid for in your park entry fee.

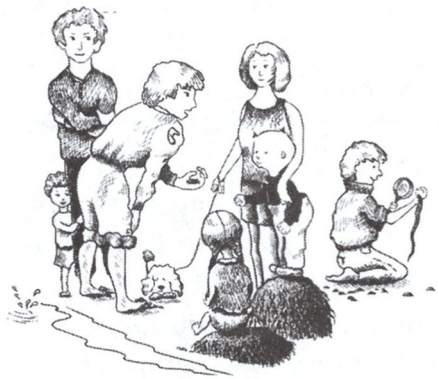
Guided Walks
Beach walks are offered most days during July and August. You'll explore the bottom of the sea, discover a world of unusual creatures, and watch the tide rise. The distance walked is usually less than one kilometre. To better enjoy the beach walk, we suggest you wear old sneakers or rubber boots. Other guided events visit Fundy's forests, rivers and lakes. Guided walks go ahead RAIN or SHINE. Why not join us for a refreshing walk in the rain?

Evening Programs
Every evening at dusk, the lights dim at the Headquarters outdoor theatre where an interpreter will take you on a journey through the Park or into the past with slides, music or drama. Programs last about one hour. A blanket and insect repellent can be useful. In the event of rain, evening programs will be cancelled.

Campfire Programs
Songs, stories and a cheery blaze await you once a week at the campfire circle across the highway from Chignecto campground. Bring your best singing voice, a flashlight and a mug for a hot treat.

Special Events
Canada Day. Parks Day. Astronomy weekends: Astro-Atlantic July 4-6, Nova East August 29-31. Watch the bulletin boards throughout the summer.

Kidstuff
Make a group pond with live creatures swimming in it. Suck winged insects into a bottle for a closer look. Don't let your 6 to 12 year-olds miss these nature activities. The events last one hour. Sponsored by the Fundy Guild.



Dear Mother Nature

There are large areas of forest floor covered with a flowering plant that looks like dogwood. What is it?

It's dogwood—the midget sort. Ground dogwood, or bunchberry as we fondly call it here, has a four-pointed white blossom. The largish leaves are in whorls of four or six. Later, a cluster of small red berries atop each plant will attract squirrels, mice and birds. The berries are edible by humans but have a bland taste and a large pit.

Animal Watching

Watching wildlife is an exciting part of visiting a national park, and to do so you'll need three things: patience, quiet and luck! Remember to keep your distance and to treat the animals with respect... for your safety and theirs. Please do not feed the animals. Animals that are fed frequently may start to expect handouts and become aggressive towards people. Here are a few suggestions as to where people find some of Fundy's animals:

Moose: lakes and swamps at dawn or dusk, in particular in the area from Bennett Lake west to Wolfe Lake.
Beavers: Bennett, Laverty and Wolfe lakes and Caribou Plain.
Deer: roadsides, old fields.
Coyotes: roadsides, especially Highway 114 up to Laverty Road; old fields; sometimes heard near Micmac.
Raccoons: prowling around campgrounds at night, looking for campers' food (please don't feed them).
Bullfrogs: Bennett Lake and Caribou Plain.

Birds
Loons: Wolfe Lake
Merlins: nest yearly in Headquarters Campground
Peregrine falcons: soaring over Alma Beach.
Shorebirds: Mary's Point (27 km east of the park) late July and August, Upper Salmon River estuary.
Birds of the northern forest: Caribou Plain, Coppermine or Foster Brook Trails or in the Administration area.
Seabirds: observed along the coast—common eiders, loons, cormorants and scoters.

Peregrinations

The continent-wide efforts to reestablish peregrine falcons in the '80s are a continuing success story in this region. Last summer a new pair was discovered with a nest site on the Bay of Fundy. That makes seven sites that have been located in this area. A falcon was seen at Cape Breton Highlands National Park last summer indicating birds may be nesting there. Labrador and the Bay of Fundy were the closest release sites to Cape Breton.

Something exploded out of the bushes just ahead of me on the trail today and nearly gave me a heart attack. What was it?

It sounds like you are the lucky survivor of a ruffed grouse defence tactic! When this chicken-like bird is perched in a tree and approached by large animals like us, it sits tight till the last minute. Then it launches itself right past the face of the oncoming threat which, in this case, is you. You are so startled that you are unable to see the bird, let alone plan any sort of "snack" attack.

What's that grey-green moss killing the trees?

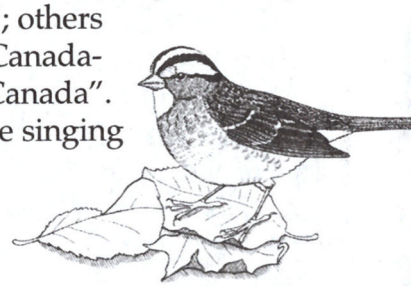
Old-man's-beard lichen does not kill trees. It's a fungus and alga living together quite independently of the surface it clings to. It gets moisture and nutrients from the air and with the sun's energy manufactures food for itself. The tree branches provide a great place to hang out in the sunshine. Lichens grow lushly in the moist climate near the bay.

I found shamrocks on the forest floor. Where are the Leprechauns?

Yes, those clover-shaped leaves are in the same family as shamrocks. They are wood sorrel. The leaves are tangy with vitamin C. As you watch for wee folk, you may find wood sorrel's white blossoms candy-striped with pink.

What bird calls so distinctively, sometimes even in the middle of the night?

The white-throated sparrow may serenade you as you lie in your tent, especially as the dawn bird chorus begins. Some say he is calling "Sam-Peabody-Peabody-Peabody"; others hear "O-Canada-Canada-Canada". What is he singing to you?



Viewpoints and Signs

Take in the view and exhibits in any of these areas:

- In the Administration area find out about the land we walk on today.
- At Herring Cove focus on marine life and Fundy's history.
- At Butland look-off enjoy the view and learn about the weather (on Highway 114, one km northwest of the Visitor Centre).
- At the Point Wolfe viewpoints learn about the covered bridge and peregrine falcons.
- At the Alma Beach boardwalk see the tidepole and tidal flats .

Self-Guided Trails

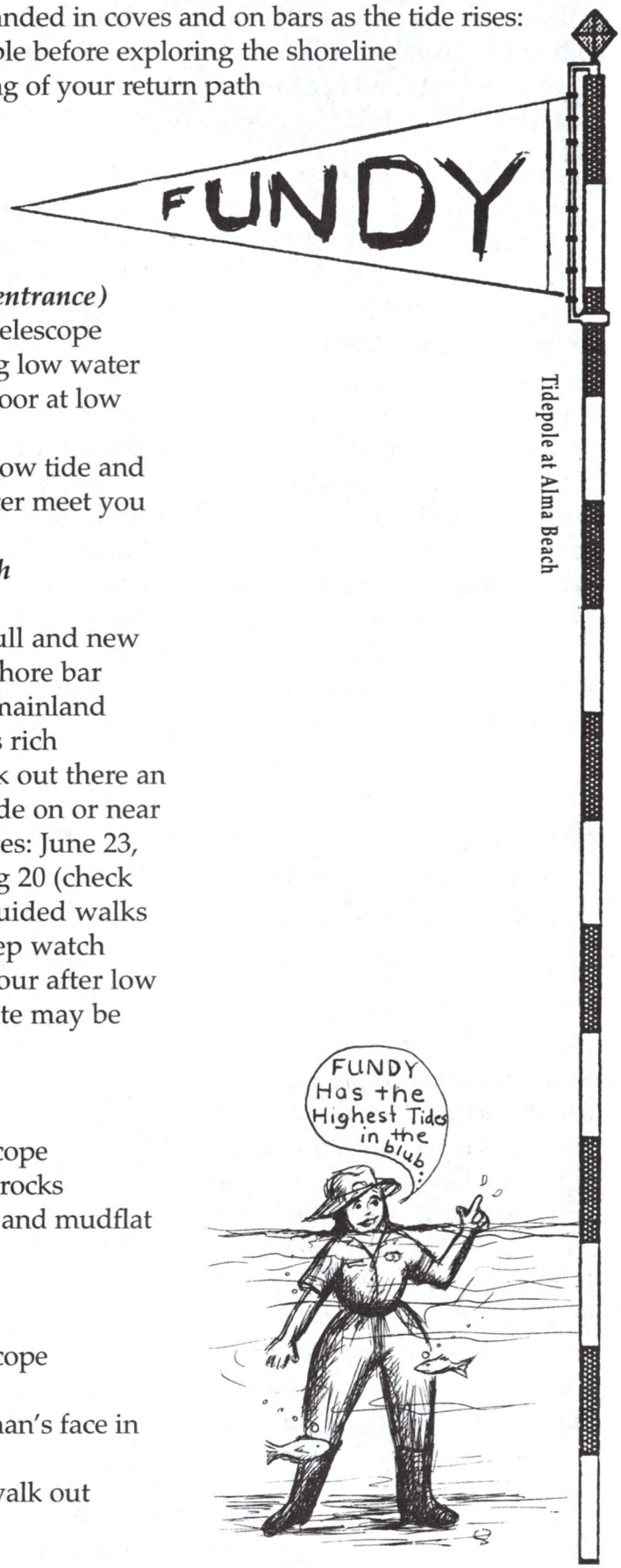
Information panels on these trails explain some of the area's unique features:

- Caribou Plain is an easy 3.4 km loop through bogs and the Acadian forest.
- Kinnie Brook is a moderate 2.8 km trail through a rocky river valley with a mysteriously vanishing stream!
- Dickson Falls is an easy to moderate 1.5 km loop that takes you to a picture-perfect waterfall.
- Devil's Half Acre is an easy 1.1 km loop that shows off Fundy's geology.
- Shiphaven is an easy 1 km trail that takes you back to the time of the lumberjacks and outlines how their work affected the fate of the Atlantic Salmon.

Experience the Giant Tides of Fundy

Visit one of our beaches at both high and low tides for the full effect. To avoid being stranded in coves and on bars as the tide rises:

- check the tide table before exploring the shoreline
- watch for flooding of your return path



Tidepole at Alma Beach

Alma Beach (east entrance)

- tide exhibit and telescope
- tide pole marking low water
- explore the sea floor at low tide
- go 2 hours after low tide and let the rising water meet you

Cannontown Beach (by the pool)

Near the time of full and new moon, a small offshore bar reconnects to the mainland giving access to its rich intertidal life. Walk out there an hour before low tide on or near the spring tide dates: June 23, July 3, July 22, Aug 20 (check our calendar for guided walks on this beach). Keep watch behind you—an hour after low tide the return route may be flooding.

Herring Cove

- exhibit and telescope
- seaweed-draped rocks
- small tidal pools and mudflat
- sea cave

Point Wolfe

- exhibit and telescope
- large gravel bar
- huge profile of man's face in end of point
- long estuary to walk out at low tide

Tide Table for Fundy National Park 1997

Date	May	June	July	August	September	October
1	H 7:15 L 13:40 H 19:50	H 9:10 L 15:25 H 21:40	H 9:50 L 16:05	H 11:20 L 17:30	H 12:20 L 18:30	H 12:25 L 18:40
2	H 8:20 L 14:45 H 20:55	H 10:10 L 16:25	H 10:50 L 17:00	H 12:05 L 18:15	H 12:55 L 19:05	H 13:00 L 19:15
3	H 9:25 L 15:45 H 21:55	H 11:05 L 17:15	H 11:40 L 17:50	H 12:50 L 18:55	L 7:25 H 13:30 L 19:40	L 7:30 H 13:35 L 19:50
4	H 10:25 L 16:40	H 11:55 L 18:05	H 12:25 L 18:35	L 7:20 H 13:25 L 19:35	L 8:00 H 14:05 L 20:15	L 8:05 H 14:10 L 20:25
5	H 11:20 L 17:35	H 12:45 L 18:55	H 13:10 L 19:20	L 7:55 H 14:05 L 20:10	L 8:35 H 14:40 L 20:55	L 8:40 H 14:45 L 21:00
6	H 12:10 L 18:25	L 7:20 H 13:30 L 19:40	L 7:45 H 13:50 L 20:00	L 8:30 H 14:40 L 20:50	L 9:10 H 15:15 L 21:30	L 9:20 H 15:25 L 21:45
7	H 13:00 L 17:15	L 8:05 H 14:15 L 20:25	L 8:25 H 14:30 L 20:40	L 9:10 H 15:15 L 21:25	L 9:50 H 15:55	L 10:00 H 16:10
8	L 7:40 H 13:50 L 20:00	L 8:50 H 15:00 L 21:10	L 9:05 H 15:10 L 21:20	L 9:45 H 15:50	L 10:30 H 16:35	L 10:50 H 16:55
9	L 8:25 H 14:35 L 20:45	L 9:35 H 15:45 L 21:50	L 9:40 H 15:50	L 10:25 H 16:30	L 11:15 H 17:25	L 11:45 H 17:55
10	L 9:15 H 15:25 L 21:35	L 10:15 H 16:25	L 10:20 H 16:30	L 11:05 H 17:15	L 12:10 H 18:20	L 12:50 H 19:00
11	L 10:00 H 16:10	L 11:00 H 17:10	L 11:05 H 17:15	L 11:50 H 18:05	L 13:10 H 19:25	H 7:35 L 13:55 L 20:05
12	L 10:50 H 17:00	L 11:45 H 18:00	L 11:45 H 18:00	L 12:45 H 18:55	H 8:00 L 14:15 H 20:25	H 8:40 L 15:00 H 21:10
13	L 11:40 H 17:55	L 12:35 H 18:50	L 12:35 H 18:50	H 7:30 L 13:40 H 19:55	H 9:05 L 15:20 H 21:30	H 9:45 L 16:00
14	L 12:30 H 18:45	H 7:10 L 13:25 H 19:40	H 7:15 L 13:25 H 19:40	H 8:30 L 14:45 H 20:55	H 10:05 L 16:20	H 10:40 L 16:55
15	H 7:10 L 13:25 H 19:40	H 8:05 L 14:15 H 20:30	H 8:10 L 14:20 H 20:35	H 9:30 L 15:45 H 21:55	H 11:00 L 17:15	H 11:30 L 17:50
16	H 8:05 L 14:20 H 20:30	H 9:00 L 15:10 H 21:20	H 9:05 L 15:20 H 21:30	H 10:25 L 16:40	H 11:50 L 18:05	H 12:20 L 18:40
17	H 8:55 L 15:10 H 21:20	H 9:50 L 16:00	H 10:00 L 16:10	H 11:20 L 17:35	H 12:40 L 19:00	L 7:05 H 13:10 L 19:30
18	H 9:45 L 15:55	H 10:35 L 16:45	H 10:55 L 17:05	H 12:15 L 18:25	L 7:25 H 13:30 L 19:50	L 7:55 H 14:00 L 20:20
19	H 10:30 L 16:40	H 11:25 L 17:35	H 11:45 L 17:55	H 13:05 L 19:20	L 8:15 H 14:25 L 20:40	L 8:45 H 14:50 L 21:10
20	H 11:15 L 17:25	H 12:10 L 18:20	H 12:35 L 18:45	L 7:45 H 13:55 L 20:10	L 9:05 H 15:15 L 21:35	L 9:35 H 15:45
21	H 11:55 L 18:05	H 12:55 L 19:05	L 7:15 H 13:25 L 19:35	L 8:35 H 14:45 L 21:00	L 10:00 H 16:10	L 10:30 H 16:40
22	H 12:35 L 18:45	L 7:35 H 13:45 L 19:55	L 8:05 H 14:15 L 20:30	L 9:30 H 15:40 L 21:55	L 10:55 H 17:05	L 11:25 H 17:40
23	L 7:10 H 13:20 L 19:30	L 8:25 H 14:35 L 20:45	L 8:55 H 15:05 L 21:20	L 10:20 H 16:35	L 11:55 H 18:10	L 12:30 H 18:40
24	L 7:55 H 14:00 L 20:15	L 9:15 H 15:25 L 21:40	L 9:50 H 16:00	L 11:20 H 17:30	L 13:00 H 19:10	H 7:15 L 13:30 H 19:40
25	L 8:40 H 14:50 L 21:00	L 10:05 H 16:20	L 10:45 H 16:55	L 12:20 H 18:35	H 7:50 L 14:00 H 20:15	H 8:15 L 14:25 H 20:35
26	L 9:30 H 15:40 L 21:50	L 11:05 H 17:15	L 11:40 H 17:55	H 7:10 L 13:20 H 19:35	H 8:50 L 15:00 H 21:10	H 8:05 L 14:20 H 20:30
27	L 10:20 H 16:30	L 12:00 H 18:15	L 12:40 H 18:55	H 8:15 L 14:25 H 20:40	H 9:40 L 15:55	H 8:55 L 15:10 H 21:15
28	L 11:20 H 17:30	L 13:00 H 19:20	H 7:30 L 13:45 H 20:00	H 9:15 L 15:25 H 21:40	H 10:30 L 16:40	H 9:35 L 15:50
29	L 12:20 H 18:30	H 7:45 L 14:05 H 20:20	H 8:35 L 14:45 H 21:00	H 10:10 L 16:20	H 11:10 L 17:25	H 10:15 L 16:30
30	H 7:00 L 13:20 H 19:35	H 8:50 L 15:05 H 21:20	H 9:35 L 15:45	H 11:00 L 17:10	H 11:50 L 18:00	H 10:55 L 17:10
31	H 8:05 L 14:25 H 20:40		H 10:30 L 16:40	H 11:40 L 17:50		H 11:30 L 17:45

Daytime tides only — from 7:00 to 22:00

To predict the approximate time of the tidal bore at Moncton, subtract 1 hour and 38 minutes from the time of high water each day.

For low tide at Hopewell Rocks Provincial Park, add 27 minutes.

What's New

The Many Faces of Nature Exhibit

How have people perceived nature over the ages? Explore this question in a playful manner and reflect on your own values toward nature. You are invited to investigate a large display created by the Musée du Séminaire de Sherbrooke and the Montreal Biodôme. "The Many Faces of Nature" can be viewed in the Park Assembly Hall from June 23 to September 1. Admission costs $1 - adult, $0.50 - child, $2.50 - family.

Remembering Our Own

Maurice J. McCarron (1914-1995) began a long relationship with Parks Canada here in Fundy. He was one of our first park wardens, and he lived in the Point Wolfe house at the picnic area east of the covered bridge. During his career, he held the position of superintendent at parks in Ontario, Nova Scotia, British Columbia, and Prince Edward Island. A tree with a plaque stands in his memory at the site of the old warden house.

Privy to our thoughts

You may think visitors leave only footprints in national parks, but there are other more noticeable things you leave behind. If your stay is longer than a few hours, we have to deal with your digestive waste products. Many locations in the park where toilets would be appreciated have no electricity or water sewage system. Despite the various designs, visitors often are unhappy with the vault or dry toilets. So Fundy is embarking on a new adventure in toilet facilities. This is the first season for the composting toilet built last summer at Herring Cove picnic area. It's located on the right hand side of the parking lot when facing the Bay. With proper tending, this facility should be odourless. No flushing is involved, so there is no need to pump and contaminate litres of fresh water with each use. There is a rooftop solar collector which powers the fan in the ventilating system. Once the waste has composted and passed testing, it can be returned to enrich the soil.

Getting the Lead Out

The use of lead weights, sinkers and jigs (fishing tackle) is now illegal in national parks across Canada.

Each year, about 500 tonnes of lead weights, sinkers, and jigs end up on the bottom of Canada's waterways. Lead is poisonous to many forms of life, including us, and is banned from more and more products by federal law.

For example, animals that dig in the mud of lake bottoms will eat sinkers. Ducks, loons, even fish are killed this way. A loon that swallows one sinker will die within three weeks. In fact, half the loons found dead in eastern North America have died from eating a lead sinker. Even if not swallowed whole, the lead is absorbed through the water affecting the food chain of fish and other aquatic life.

Lead weights can no longer be used in Canada's national parks, but non-lead fishing tackle is available locally at MacDonald's Self-Service Shell Station in Alma. You can help save the lives of water birds by using only non-lead sinkers and jigs no matter where you fish. Tell other anglers about this problem and encourage them to switch to non-lead products.

Road Construction

In the past, winter driving on Highway 114 through the Park has been a jarring experience. Sections of that highway would annually undergo wild frost-heaving. People complained that the road was too rough. We heard you. We have taken action. What do you think? But keep in mind—we're not finished yet!

A four year project is underway to dig away entire sections of highway, redo drainage and ditching, replace the road bed with better material, and then repave.

Digging up the old road bed is a trip into the recent past. Remains of the old corduroy road that the settlers built in the 1800s have been unearthed, as well as every "quick-fix" method for bumpy roads since.

Please drive slowly through the construction areas, bear with us as we try to improve conditions, and come back in the winter of 1999 to enjoy that much-longed for smooth ride!

Hidden Delights

When visiting a new area, don't you often wish you could be let in on the local secrets: the places where residents of the area really like to picnic, play, and hike? For your added pleasure as you visit the Park, here are some spots that are staff favourites.

Matthews Head

In the summer of 1990, I was preparing an evening program and went to **Matthews Head** for inspiration. I was there well into the night. A Great Blue Heron flew in front of the rising moon, calling. I saw and heard a large herd of deer. I also saw my first Polyphemus Moth—a female laying an egg under an alder leaf. It was a great experience!

Since then I have returned in every season and always feel free when I am there.

Anne Bardou is the Park's Education and Communications Coordinator.

The Rivers in Winter

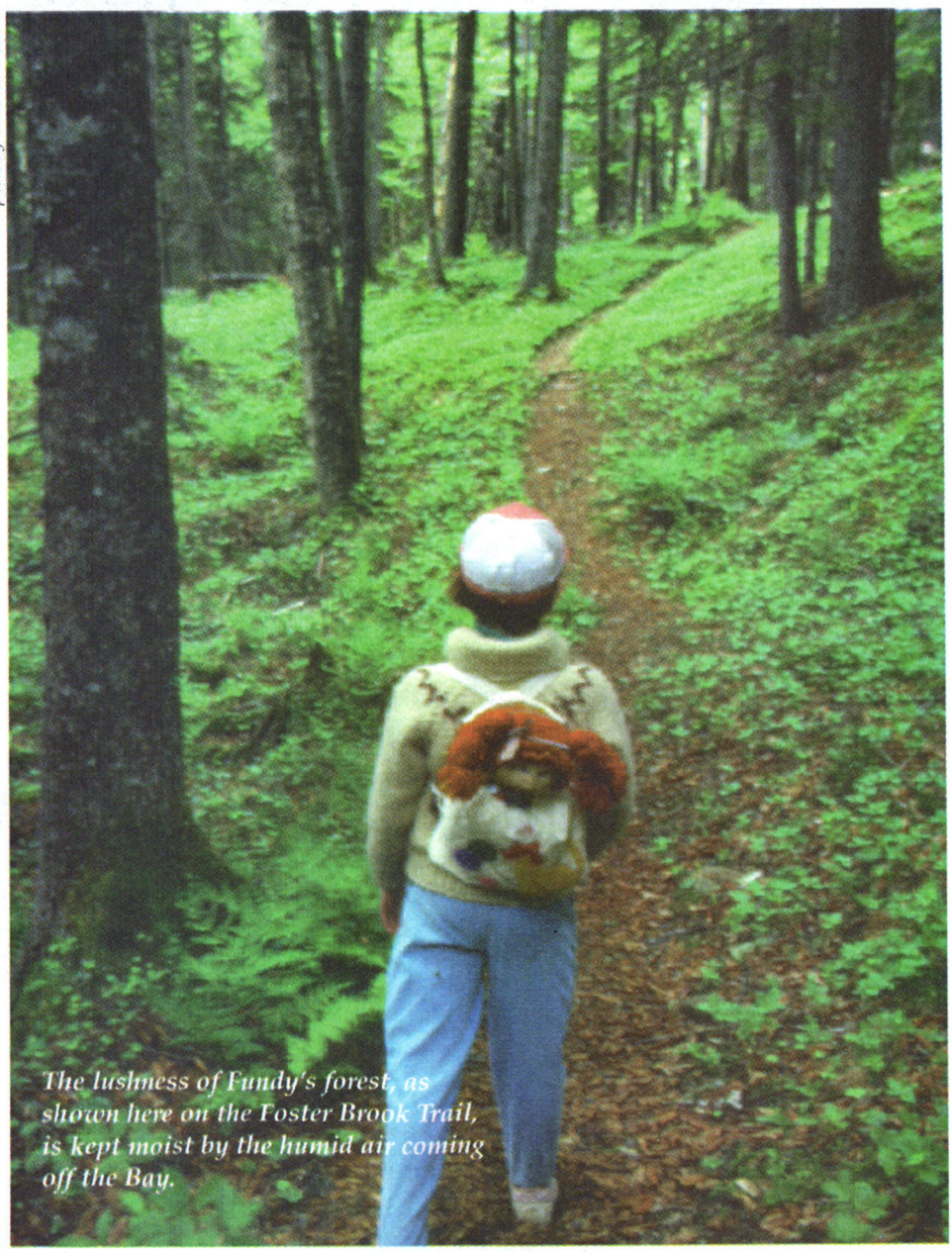
I think experiencing places in the backcountry in the winter makes me feel I've been somewhere special—seen a secret aspect of Fundy.

One winter I skied in to **Third Vault Falls**. I had to take my skis off and walk down the steep slope to the brook. There was the Park's highest waterfall formed in cascading tiers of ice. Impressive!

The ice that builds up in the lower part of the Point Wolfe River is something to see—30 foot walls of ice with a deep channel for the river. I was down to the mouth of **Foster Brook** in early spring when there was an ice jam. Chunks of ice piled and pushed up into the woods—some the size of houses! Imagine the noise all that movement must have made in this often silent forest.

Rod Lutes supervises the maintenance of trails, golf course and grounds.

photo by Brian Townsend



The lushness of Fundy's forest, as shown here on the Foster Brook Trail, is kept moist by the humid air coming off the Bay.

Caribou Plain Trail

It's hard to choose just one special place at Fundy. I even enjoy the fresh air, birds and little animals on my daily walk from one Park office building to the other!

But thinking back, I have the most pleasant memories of **Caribou Plain Trail**—things like outings with my children or with friends.

I've visited it in every season. Every time I go there I enjoy looking at the small trees and the rare plants; watching for moose or beaver; listening for birds. It's a very restful place.

Nancy Keirstead is our Material Management & Contracts Officer

Park Entry Fees

Your Park entry fee provides access not only to the Park, but to many unforgettable experiences! Your daily entry fee includes access to and use of:

- 110 kilometres of hiking, biking and self-guided trails
- interpretation programs and events
- playgrounds and baseball diamond
- park roads
- picnic areas and cooking shelters
- information services and park publications
- ground search and rescue
- exhibits
- viewpoints
- washrooms

Personal Entry Fee (per person fee)	*Daily*	*4-Day*	*Seasonal*	*Early Bird Seasonal**	*Regional Seasonal*	*Early Bird Seasonal*
Adult	$3.50	$10.50	$17.50	$14.00	$30.00	$26.00
Senior (65+)	$2.75	$ 8.25	$13.75	$11.00	$22.50	$19.50
Age 6-16	$1.75	$ 5.25	$ 8.75	$ 7.00	$15.00	$13.00
Family	$7.00	$21.00	$35.00	$28.00	$75.00	$65.00
Age 0-5		Free				

Bus Tours (per person/day) Commercial $2.50 Non-profit $1.50
Non-profit groups (per person/day) $1.50 *available until June 18, 1997

Entry fees will be charged from May 16 to October 13, 1997.
Your car will be tagged with a reminder if an entry pass is not visible.

Fundy National Park is not currently charging a fee for campground use after Thanksgiving and up to Victoria Day Weekend. Due to budget reductions, it may not be possible to continue to offer this service free-of-charge. We would appreciate receiving your reaction and comments in regard to this possible off-season campground fee.

Wheelchair Accessible Facilities

- Visitor Centre
- Wolfe Lake Information Centre
- Headquarters Campground
- Chignecto Campground
- Boardwalks and viewpoints at Alma Beach, Caribou Plain Trail and Point Wolfe
- Seawinds Restaurant
- Swimming Pool

Safety Check—Moose

While travelling on Highway 114, especially between dusk and dawn, beware of moose emerging from the forest. They're becoming more common in Fundy and the surrounding areas. Drive with caution and slow down for increased safety. If you encounter a moose, stop at the roadside. If it is dark, turn off your headlights so the moose will not be temporarily blinded.

24 Hour Emergency
911

Park Information
(506) 887-6000

The Fundy Guild

Working together, the Fundy Guild's members and the staff of Fundy National Park have done much to make your stay more enjoyable and informed. The Fundy Guild is a registered non-profit association which co-operates with the Park to promote and interpret its natural and cultural history. The Guild is best known for its impressive selection of nature books and souvenirs for sale at the Park visitor centres.

What you may not know about is the Fundy Guild's special behind-the-scenes help. The guild has funded the publication of nature guides specific to the Park and surrounding area and produced a trail guide complete with a topographic map. It has also funded historical research and has been a driving force behind many of the Park's special events. If you have a child who takes part in the summer program Kidstuff, thank the Guild; it provides the funding to hire the leaders. If you'd like to join the Guild, membership is $5.00. Members are entitled to a 10% discount on all purchases at the Guild's sales outlets, and are invited to all the activities it sponsors. Ask for a membership application at one of the sales outlets.

FOR INFORMATION

Address:
Fundy National Park
P.O. Box 40
Alma, New Brunswick
E0A 1B0

Telephone:
(506) 887-6000
Fax:
(506) 887-6008

Electronic mail:
Fundy_info@pch.gc.ca
(for information requests, please include your name, address and postal code)

Visitor Centre:

(506) 887-6000

Spring & Fall
May 16 - June 12 and
September 2 - October 13
Weekdays: 8:15 a.m. - 4:30 p.m.
Weekends: 10:00 a.m. - 6:00 p.m.

Summer
June 13 - September 1
Daily: 8:00 a.m. - 10:00 p.m.

Winter
October 14 - May 15
Weekdays: 8:15 a.m. - 12 noon;
12:45 p.m. - 4:30 p.m.
Weekends:
January 3 - March 22
9:00 a.m. - 4:00 p.m.

Services

Park information
Entry permits
Fishing permits
Interpretation programs
Wilderness camping:
reservations & payment
Group camping:
reservations and payment
Day Adventures:
information & voucher sales
First aid
Bookstore
Special event tickets
Fundy Night Life ticket sales ($)
Photocopying ($)
Faxing ($)
Restrooms

Wolfe Lake Information Centre

(506) 432-6026

Spring
May 16 - June 12
Friday - Sunday
10:00 a.m. - 6:00 p.m.

Summer
June 13 - September 1
Saturday - Thursday
10:00 a.m. - 6:00 p.m.
Friday
8:00 a.m. - 9:00 p.m.
Closed after September 1

Services

Park information
Entry permits
Fishing permits
Day Adventures:
information & voucher sales
Restrooms
First aid
Bookstore

Camping: Do it in Fundy

Fundy has four family campgrounds and 15 wilderness campsites, each with its own special characteristics. For a small additional charge, you can now make **reservations** at two of our family campgrounds by calling 1-800-213-PARK(7275). Some reservation restrictions apply. Some campsites are still available on a first-come, first-served basis. Please call for details. **All wilderness sites require reservations** by calling 1-506-887-6000. Overnight visitors to the park receive a discount at the park pool (see table on page 19 for rates).

Family Camping
Family campgrounds offer two climates. Choose Chignecto or Wolfe Lake for heat and sun; Headquarters and Point Wolfe for cooler temperatures and sea breezes. All family campgrounds have telephones nearby and kitchen shelters with picnic tables, woodstoves and firewood.

Chignecto is a large, wooded campground with both serviced and unserviced campsites. Newly renovated, it features many serviced sites with firepits; new service buildings; bike trails; wheelchair accessible facilities; washers and dryers. Firewood may be purchased at the campground parking lot.

Point Wolfe is a quiet, open area with excellent scenery and hiking trails nearby. Many sites have firepits. Firewood may be purchased at the service building.

Headquarters campground, with sites for tents, trailers and RVs, is located near the amphitheatre, baseball diamond, tennis courts and golf course. It's also within easy walking distance of the Village of Alma.

Wolfe Lake is a small, unserviced campground, located 20 kilometres from the eastern park entrance and the Village of Alma.

Methods of Payment
We accept Canadian and American funds, traveller's cheques, Interac payments, Visa and Mastercard. U.S. exchange rates are updated daily.

Campground	*Services*	*Fees (per night) (entry fee also required)*
Chignecto May 16 - October 13	• dump station • playground • firewood sales • flush toilets • washers & dryers • bike trail • telephone	Unserviced $11.00 2-way $16.00 3-way $18.00
Headquarters May 14 - 19 then closed until June 13 - September 1	• dump station • flush toilets • telephone • washers & dryers	Unserviced $11.00 3-way $18.00
Point Wolfe June 26 - August 18	• flush toilets • playground • firewood sales • telephone	Unserviced $11.00
Wolfe Lake May 16 - October 13	• pit toilets	Unserviced $ 9.00

Wilderness Camping

Looking for an inexpensive and challenging way to enjoy Fundy's natural features? Try low impact camping at one of the 15 wilderness campsites. You'll find sites on the Goose River, Marven Lake, Tracey Lake, Foster Brook and Upper Salmon River Trails. To use these sites, **you must register in advance** at the Visitor Centre or by calling (506) 887-6000 during operating hours. Wilderness sites cost $2.50 per night per person plus Park entry fee. Make your payment when you pick up your permit. Campfires are permitted only where fireplaces are provided, but we encourage the use of backpacking stoves at all times. For more tips on low impact camping, inquire at the Visitor Centre.

Group Camping

The Micmac campground is available to organized groups wishing to use the Park for educational or recreational purposes. Sites must be reserved in advance and the cost is $2.50 per person per night plus Park entry fee. Certain rules and conditions apply to these sites, so call or write the Park for reservations and more information.

Parks Canada provides hazard and risk information to help you in making responsible choices. Remember, it's your responsibility to seek out safety information, obey signs and to be prepared. Contact park wardens if you require specific advice.

photo by Brian Townsend

The Foster Brook wilderness site. A sense of freedom and achievement are rewards of a successful backpacking camping experience.

Tips and Reminders:

Camping can be a wonderful outdoor activity, especially when you arrive at a neat, clean campsite. By following the tips below, everyone camping at Fundy will have a pleasant and safe holiday.

- To get the camping season off to a safe and enjoyable start, an alcohol ban will be in effect at all family campgrounds during the Victoria Day weekend (May 16-19).
- If you're bringing your pet along, please remember to keep it on a leash at all times and to clean up after it both on trails and within the campgrounds. Don't leave your pet unattended.
- Please keep your site clean. Use the garbage bags provided by the park (supplied on request).
- Quiet hours are from 11 p.m. to 7 a.m., but consideration of other campers is necessary at all times.
- Check bulletin boards for other important regulations.

Safety Check—Animals in Campgrounds

Squirrels, raccoons, and black bears are wild residents of Fundy. The forest supplies healthy food for them. But when they walk through the campgrounds, the smells of human food are irresistible. To avoid damage to your cooler, tent, or to yourself, keep your campsite clean. Put food in the trunk of your car. Do not feed any wild animals in the national park. Animals that are frequently fed by humans may start to expect handouts and can become aggressive towards people.

Trails for Everyone

Hiking is one of the most popular activities in Fundy National Park, and with almost 110 kilometres of trails, there's bound to be something to please everyone. Fundy's trails range from easy half-kilometre loops to a 50-kilometre circuit around the Park. The key to a safe, memorable hike is advance planning. A sweater and windbreaker are good insurance against Fundy's variable weather, and we recommend footwear with good traction and support, such as running shoes or lightweight boots. Please pack out what you pack in and avoid heavy lug-soled boots: they tear up the Park's shallow soils. If you leave the trail, getting lost is a likely possibility. We recommend following a trail.

The Fundy Circuit

Want to see Fundy's hidden treasures? Then gear up and hike the Fundy Circuit. The Circuit is a 50-kilometre loop of 7 linked hiking trails (see map) that takes you through river valleys, past lakes and waterfalls, along the coast and through beautiful forests. The trip takes between 3 and 5 days to complete, and there are 3 wilderness campsites (for which **you must pre-register**) and 2 campgrounds along the way. It's best to hike the Circuit so that the Upper Salmon trail is the last leg of your journey.

The Fundy Challenge

We challenge you to hike 100 kilometres in Canada's national parks! The Fundy Challenge is a project sponsored by the Fundy Guild. It imposes no time limit for reaching this goal, so day-hikers can participate as easily as avid backpackers. You only have to walk 10 kilometres in Fundy. The rest can be completed in any national park. Record each hike in your official hiking log (available at park kiosks and information centres, and the Fundy Guild Bookshop) and have it initialed by a Park employee. Participation is free, but you'll have to pay $6.00 for the pin you receive once you've reached your goal. This fee covers mailing costs plus the tags you can add to your pin as you complete each additional 100 kilometres.

Mountain Biking

Mountain biking is allowed on 6 trails only: Goose River, Marven Lake, Black Hole, Bennett Brook (only to the top of Point Wolfe river valley), East Branch (take the trail on the right to the river and return on the same one), and Maple Grove. The first kilometre of the Goose River and Marven Lake trails is a steep climb, so be prepared! The other hiking trails are not built to withstand the wear and tear of bicycles and are too narrow. Remember that you share the trail with hikers and to wear a helmet.

BE PREPARED!

- Carry the appropriate clothing and equipment.
- Plan your route and stick to it.
- Know your physical limits.
- Tell someone your plan and estimated time of arrival.
- Bring water and food for longer hikes.

Auto Trails

For a leisurely drive through the woods, motorists are welcome to travel the Hastings Auto Trail (one way from north to south) and the Laverty Auto Trail to the Laverty Falls trailhead. These are gravel roads and are not cleared high enough for recreation vehicles.

Outside the Park

Dobson Trail: hike from the Shepody Road to Riverview. For more information, contact Edwin Melanson (506) 855-5089

Fundy Footpath: hike from Goose River to Little Salmon River. For more information, contact Alonzo Leger (506) 386-2867

Remember...

- that your pet must be kept on a leash at all times;
- to be considerate of other hikers when bringing your pet on the trails;
- to stoop and scoop every time!

SAFETY CHECKS

Swimming

Swimming in one of the Park's rivers can be enjoyable, but dangerous if you're not careful.

- do not swim where the current is strong;
- always swim with a buddy;
- never dive into the river (rocks are hidden just below the surface);
- Forty-Five River bridge pools are closed.

River Crossings

A number of trails require fording rivers. When the water is high, crossing the river can be dangerous. Park wardens monitor water levels and close crossings when conditions are hazardous. At these times, signs are posted at the trailhead to indicate the closure. If you are unsure about water conditions, turn around and retrace your steps... better a trail not hiked than a hiker not found!

Pull out Trail Guide—take it hiking!

Although brief descriptions are provided below, we recommend that you purchase the *Fundy National Park Trail Guide* or *A Hiking Guide to New Brunswick* for more detailed trail information. They are available at the Visitor Centre and the Wolfe Lake Information Centre.

Trail rating:

1 - Easy trails are short and level, and can be hiked by almost anyone.

2 - Moderate trails are of medium length (3-6 km), or are shorter trails with a major hill. Most people should have little difficulty. You should take a snack and be prepared for changing weather.

3 - Strenuous trails are long, with steep sections, rough terrain, and/or river fords. You should have a map, a first-aid kit, extra clothing, drinking water, and food.

4 - Very Strenuous trails are lengthy, rugged and undeveloped. Trail tread may not be visible in some areas. You should have previous backcountry experience and expect some challenging rock scrambling. Be prepared with a map and compass, a first-aid kit, extra clothing, drinking water, and food.

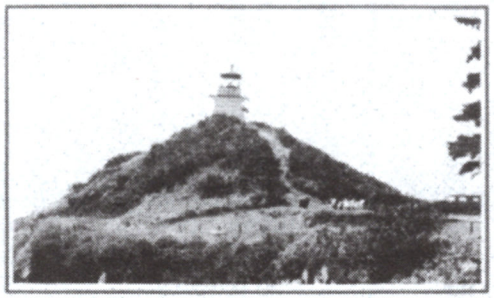
Please note that the time suggested for each trail is the average hiking time and includes only brief stops.

Trail	*Rating*	*Length*	*Time*	*Highlights*
Coastal Trails				
Herring Cove Beach	2	0.5 km loop	20 min	Access to beach and tidal cave.
Shiphaven	1	0.5 km (one way)	15 min.	Magnificent view of Point Wolfe estuary.
Point Wolfe Beach	2	0.6 km (return)	20 min.	Descent to beach through red spruce forest.
Devil's Half Acre	1	1.5 km loop	30 min.	Split rocks and mossy gullies attributed to a quarrel with the devil.
Squaws Cap Loop	2	4.5 km loop	1.5-2 hrs	Views of bay and Squaws Cap sea stack. Includes features of Matthews Head Trail. (1.4 km from trailhead to junction with Coastal Trail)
Matthews Head	2	1.5 km (one way)	1 hour	Former homestead. Rock foundations. Breathtaking views of the bay.
Coppermine	2	4.4 km loop	1.5-2 hrs	Small footbridges over mossy brooks. Cool shaded forest, old mine site and great views.
Coastal	3	3.2 km (one way)	1.5-2 hrs	Pool to Herring Cove: ridge-top view. Connects with Whitetail Trail at 3 km.
	3.5	6.9 km (one way)	2.5-3 hrs	Herring Cove to Point Wolfe: fern glades and lush forest, Squaws Cap sea stack. Connects with Matthews Head Trail at 1.8 km.
Goose River	3	7.9 km (one way)	2.5-3 hrs	View of Martin Head and rugged cliffs at river. Sandbar and small salt marsh at river.
Waterfall Trails				
Dickson Falls	2	1.5 km loop	30 min.	Boardwalk through cool valley past tumbling cascades to a waterfall.
Third Vault Falls	3	7.4 km (return)	3-4 hrs	Park's tallest waterfall (16m) in deep valley, invigorating pool at its base. Steep section.
Laverty Falls	2	2.5 km (one way)	1-1.5 hrs	Trailhead to the brook. Curtain waterfall.
River Valleys				
Kinnie Brook	2	2.8 km (return)	1-1.5 hrs	Campers can access trail from Chignecto campground. Steep-walled valley, disappearing stream, lush floodplain.
Foster Brook	3	3 km (one way)	1.5-2 hrs	Trailhead to river ford. Very steep section.
	3	1.4 km (one way)	1 hour	Steep climb from wide cobble bar and floodplain, through older growth red spruce, to Marven Lake Trail.

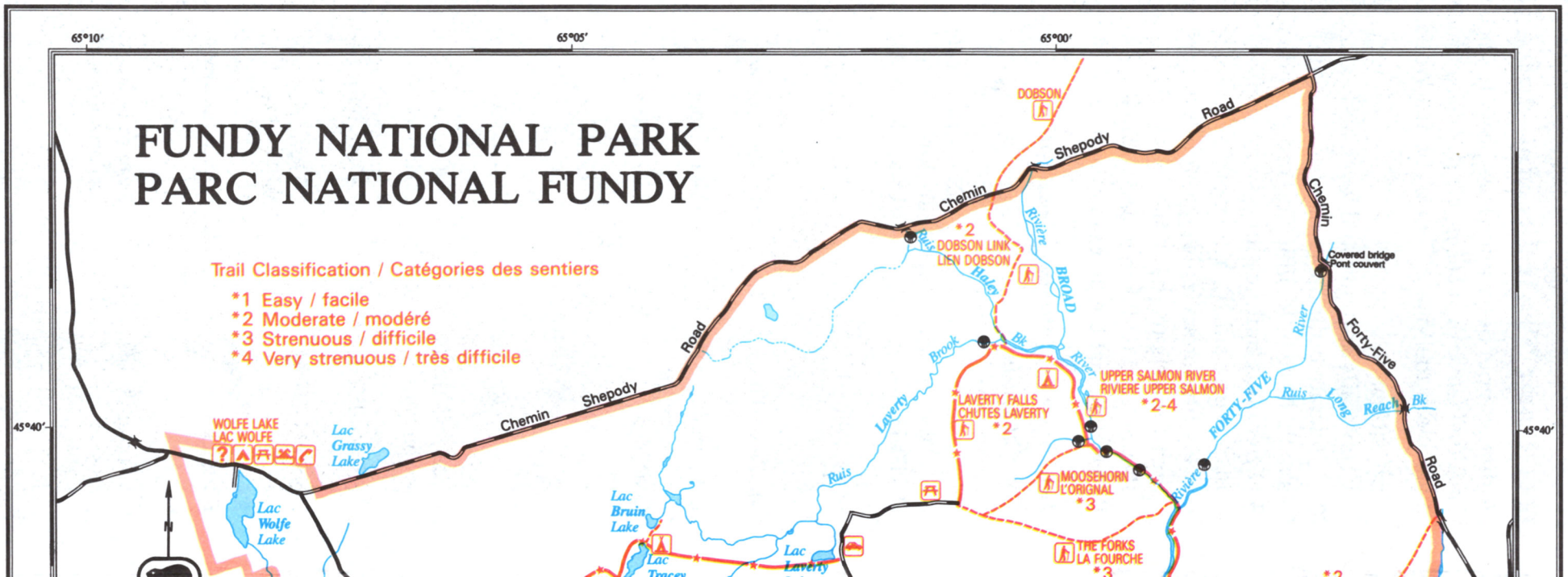
Albert County: More Things to Do than there are Birds at Mary's Point
(Well, almost.)

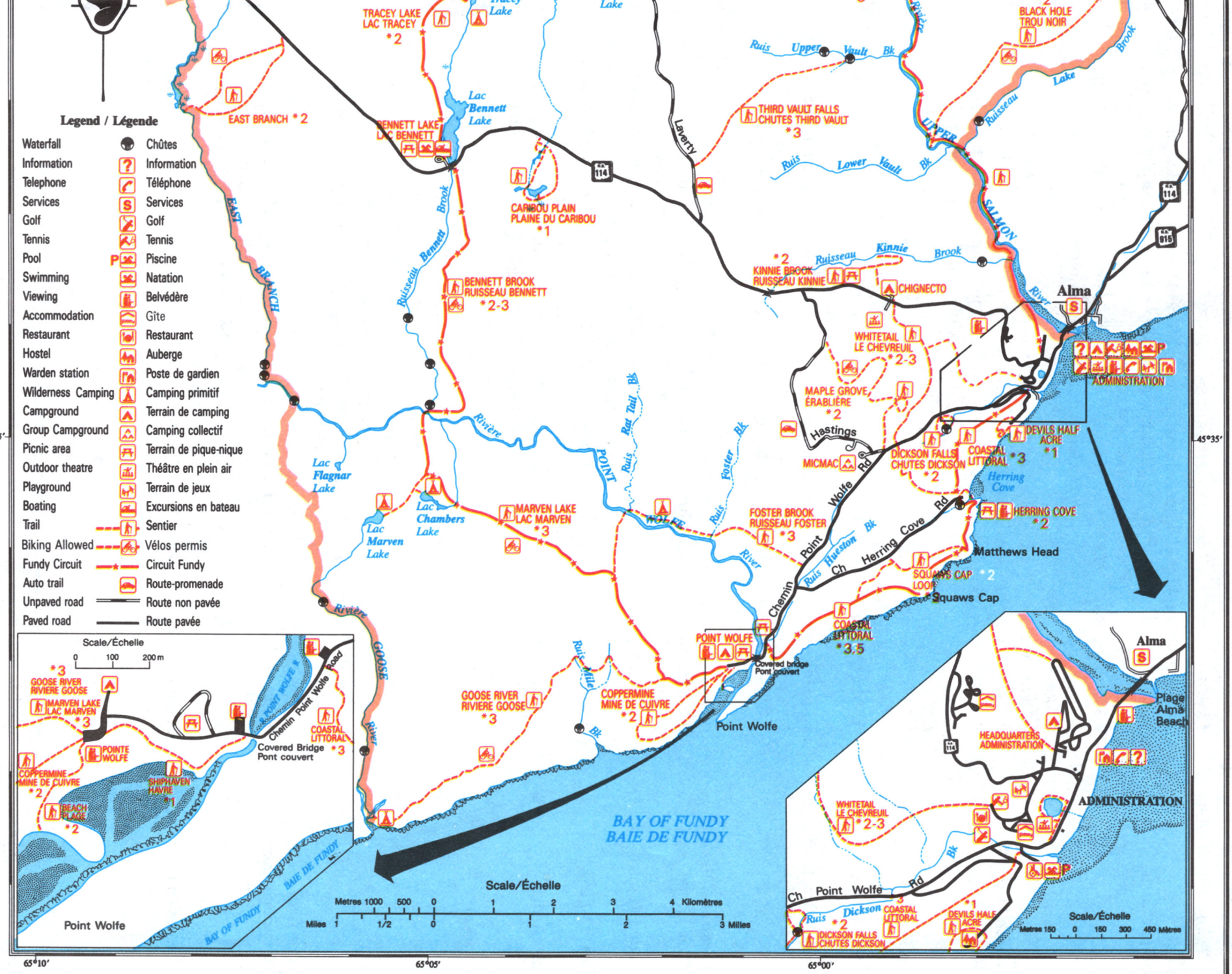
Explore the Fundy Coastal Drive on routes 114 and 915 in Albert County. Pick up your **Albert County Tourism Map** at any Tourist Information Centre or at any local business. Here's just a taste of what you'll want to do...

- Touch the world's largest flower pots carved by the world's highest tides at **The Rocks** Provincial Park in Hopewell Cape.
- Explore the **ocean floor** on the Alma and Waterside beaches.
- Enjoy Bay of Fundy **lobster**, the best in the world!
- Rappel off a cliff at **Cape Enrage**... or visit the lighthouse.
- Spend the day in jail! The Albert County **Museum-in-a-Gaol**, that is.
- Travel back in time with the **Salem Hillsborough Railway**.



Paid for by the Albert County Tourism Association. **For more information, call (506) 734.2975.**




Legend / Légende
Waterfall
Information
Telephone
Services
Golf
Tennis
Pool
Swimming
Viewing
Accommodation
Restaurant
Hostel
Warden station
Wilderness Camping
Campground
Group Campground
Picnic area
Outdoor theatre
Playground
Boating
Trail
Biking Allowed
Fundy Circuit
Auto trail
Unpaved road
Paved road
Chûtes
Information
Téléphone
Services
Golf
Tennis
Piscine
Natation
Belvédère
Gîte
Restaurant
Auberge
Poste de gardien
Camping primitif
Terrain de camping
Camping collectif
Terrain de pique-nique
Théâtre en plein air
Terrain de jeux
Excursions en bateau
Sentier
Vélos permis
Circuit Fundy
Route-promenade
Route non pavée
Route pavée
TRACEY LAKE
LAC TRACEY
*2
Lac Tracey Lake
EAST BRANCH *2
BENNETT LAKE
LAC BENNETT
Lac Bennett Lake
CARIBOU PLAIN
PLAINE DU CARIBOU
*1
BENNETT BROOK
RUISSEAU BENNETT
*2-3
Ruisseau Bennett Brook
EAST BRANCH
Laverty
114
THIRD VAULT FALLS
CHUTES THIRD VAULT
*3
Ruis Upper Vault Bk
Ruis Lower Vault Bk
UPPER SALMON
Ruisseau Lake Brook
BLACK HOLE
TROU NOIR
*2
Ruisseau Kinnie Brook
KINNIE BROOK
RUISSEAU KINNIE
*2
CHIGNECTO
WHITETAIL
LE CHEVREUIL
*2-3
MAPLE GROVE
ÉRABLIÈRE
*2
Alma
S
River
915
ADMINISTRATION
P
Hastings
Rd
MICMAC
DICKSON FALLS
CHUTES DICKSON
*2
COASTAL
LITTORAL
*3
DEVILS HALF
ACRE
*1
Herring Cove
HERRING COVE
*2
Matthews Head
SQUAWS CAP
LOOP
*2
Squaws Cap
Ch Herring Cove Rd
Point Wolfe Rd
Chemin Point Wolfe
Ruis Hueston Bk
Ruis Foster Bk
FOSTER BROOK
RUISSEAU FOSTER
*3
Rat Tail Bk
POINT WOLFE
River
Lac Flagnar Lake
Lac Chambers Lake
Lac Marven Lake
MARVEN LAKE
LAC MARVEN
*3
Rivière
GOOSE
River
POINT WOLFE
Covered bridge
Pont couvert
COASTAL
LITTORAL
*3.5
Ruis Mille
GOOSE RIVER
RIVIERE GOOSE
*3
COPPERMINE
MINE DE CUIVRE
*2
Point Wolfe
BAY OF FUNDY
BAIE DE FUNDY
45°35′
65°10′
65°05′
65°00′
Scale/Échelle
Metres 1000 500 0 1 2 3 4 Kilomètres
Miles 1 1/2 0 1 2 3 Miles
Scale/Échelle
0 100 200 m
*3
GOOSE RIVER
RIVIERE GOOSE
MARVEN LAKE
LAC MARVEN
*3
POINTE
WOLFE
COPPERMINE
MINE DE CUIVRE
*2
SHIPHAVEN
HAVRE
*1
BEACH
PLAGE
*2
POINT WOLFE R.
Chemin Point Wolfe Road
Covered Bridge
Pont couvert
COASTAL
LITTORAL
*3
Point Wolfe
BAY OF FUNDY
BAIE DE FUNDY
Alma
S
Plage
Alma
Beach
HEADQUARTERS
ADMINISTRATION
ADMINISTRATION
WHITETAIL
LE CHEVREUIL
*2-3
Ch Point Wolfe Rd
Ruis Dickson Bk
COASTAL
LITTORAL
*3
DEVILS HALF
ACRE
*1
DICKSON FALLS
CHUTES DICKSON
*2
Scale/Échelle
Metres 150 0 150 300 450 Mètres

Trail	*Rating*	*Length*	*Time*	*Highlights*
Upper Salmon River	2	2.6 km (one way)	1-1.5 hrs	From Laverty falls to Moosehorn: alder-lined floodplain, old dams, rapids, waterfalls potholes, salmon pools.
	4	1.8 km (one way)	1 hour	From Moosehorn to Forks: 2 fords. Very difficult; challenging rock scrambling.
	3	4.1 km (one way)	1.5-2 hrs	From the Forks to Black Hole: 1 ford.
	3	4.7 km (one way)	2 hours	From Black Hole to Headquarters: 1 ford.
Dobson Link	2	2.6 km (one way)	1-1.5 hrs	Shepody Road (Dobson Trail) to brook:1 ford
Moosehorn	3	2.2 km (one way)	1-1.5 hrs	Steep descent, difficult return. Connects with the Upper Salmon River Trail. Smooth riverbank rocks and potholes.
The Forks	3	3.4 km (one way)	1.5-2 hrs	Steep descent to Broad River, difficult return. Connects with the Upper Salmon River Trail.
Black Hole	2	5.5 km (one way)	2 hours	Connects with Upper Salmon River Trail. Old road in hardwood forest. Salmon pool.
Bennett Brook	2	6 km (one way)	1.5-2 hrs	Brings you to the river, 1 ford. Upper edge of brook valley, view from bluff.
	3	1.7 km (one way)	1 hour	Rocky climb from river to Marven Lake Trail: 1 ford.
Forest Trails				
Maple Grove	2	4 km (one way)	1.5-2 hrs	Wide trail through open hardwood forest. Beautiful fall colours. Continuous grade.
Shaded Maples	1	0.5 km loop	15-30 min	Access via Maple Grove Trail. Hardwoods, quartz outcrops, springs, various ferns.
Caribou Plain	1	3.4 km loop	1-1.5 hrs	0.5 km boardwalk is wheelchair accessible. Mixed forest, good birding, beaver pond.
East Branch	2	5.6 km loop	2-2.5 hrs	Giant birch and spruce reminiscent of the original forest. Old log yard, logging dam and hauling road to the river.
Whitetail	3	3.2 km (one way)	1.5-2 hrs	From Chignecto to tennis courts, junction is at 0.8 km.
	3	4.7 km (one way)	1.5-2 hrs	From Chignecto to Point Wolfe Road, junction is at 0.8 km.
	3	2.1 km (one way)	1 hour	Point Wolfe Road to Coastal Trail junction. Old beaver pond, panoramic view of forest.
	2	3.2 km (one way)	1.5 hrs	Section of Coastal Trail to complete 10.3 km loop. Finish at pool.
Lake Trails				
Tracey Lake	2	4.2 km (one way)	1.5 hrs	From Bennett Lake to Tracey Lake. Home to moose, black spruce and pitcher plants.
	2	2.8 km (one way)	1 hour	From Tracey Lake to Laverty Lake. Uneven trail tread with wet areas.
Marven Lake	3	8 km (one way)	2.5-3 hrs	Connects with Bennett Brook Trail. Marven and Chambers Lakes are shallow, dark and acidic with boggy edges. Home to brook trout, bullfrogs, moose and beaver.

Trail rating: 1 - easy, 2 - moderate, 3 - strenuous, 4 - very strenuous
Time indicated is the average hiking time.

Things to do

Golf

Located in the Headquarters area, a picturesque nine-hole golf course is open from May 16 to October 13. Call the Pro Shop at 887-2970 to reserve your tee-off time. In addition to the fees below, seasonal green fees are available for individuals, couples, families and juniors. Enquire at the Pro Shop or any information centre. The Pro Shop has equipment and golf carts for rent.

Green Fees
(park entry fee also required)

9 Holes	$ 11.00
1 Day Pass	$ 20.50
4-Day Pass	$ 61.50
7-Day Pass	$102.25

Swimming

A heated saltwater pool is open daily from June 21 to September 1, 11:00 a.m. to 6:45 p.m. Lifeguards are on duty and last admission to the pool is at 6:30 p.m. The pool is located off the Point Wolfe Road. Campers and overnight visitors to the Park receive a discounted admission. Bennett Lake and Wolfe Lake have unsupervised beaches for swimming.

	Campers & Overnight Visitors Daily	**Day Visitors park entry fee also required** Daily
Child	$ 1.25	$ 2.25
Adult	$ 1.75	$ 3.25
Family	$ 4.50	$ 8.00

Ask about our weekly and season passes.

Boating

The Park's lakes are open to non-motorized craft, except for Wolfe Lake which is now closed to fishing and boating. Canoes, rowboats, kayaks and sailboats may be rented at Bennett Lake for $6 - $8/hour.

Fishing

A national park fishing permit is required and may be purchased for $4.50 (daily) to $14 (season) at campground kiosks, the Visitor Centre and the Wolfe Lake Information Centre. Brook trout season is May 17 to September 15. Although the catch limit is five (5) trout per day, we encourage the catch and release practice. Fishing and boating are no longer permitted on Wolfe Lake and there is no open season for Atlantic Salmon in the Park due to low salmon populations both in the Park and the adjacent inner Bay of Fundy rivers. For more information about which lakes, rivers and brooks are open to fishing, please consult the brochure Angling Regulations Summary, available at the information centres. Lead weights are now banned in national parks.

Tennis and Lawn Bowling

Tennis and lawn bowling are located adjacent to the Seawinds Restaurant in the Headquarters area. Equipment rentals are available at the Pro Shop from May 16 to October 13.

◆ Tennis court	$2.00/person/hr
◆ Tennis racquets & balls	$2.00/2 people
◆ Lawn Bowling	$2.25/person

Adventure Playgrounds

Swoop like a peregrine falcon or bob like a frog on a lilypad at the Animal Homes of Fundy playground near the tennis courts. If you are staying at Chignecto, try the modern playgrounds in that campground.

Dead Wood is not Deadwood

No sound, no warning foretells its arrival. Suddenly, you are in the awesome presence of this bird; its huge feet grasping the nearby trunk of an old maple. Meet the largest woodpecker in North America!

The plain black back and bright red cap are the unmistakable uniform of the pileated woodpecker. It regards even us with a disconcerting solemnity as if to say, "Watch your step, human. You are in the presence of a greater authority."

If not the authority, these birds are certainly experts when it comes to sharing the work of raising their young. Each spring, the male uses his chiselling beak to dig out a new nest cavity high in a big old hardwood tree. The female, his mate for life, will inspect the hole and probably refuse it. She has her standards to maintain! The male may have to make two more holes before a nest site receives her final approval. Most shelter holes made by pileated woodpeckers in our forests are contained in dead sugar maples and yellow birches or declining trembling aspens with large dead branches. Dead hardwood is much easier to excavate than living wood.

When it comes to the tasks of incubating eggs and caring for chicks, the male is even more involved than the female. They share the duties in one or two hour shifts. But it is the male who nestles himself in the hole for the night, keeping the eggs or chicks warm and safe from predators.

At mealtime a pileated woodpecker's food of choice is carpenter ants found in decaying wood. The ants live in a rotting tree trunk close to the ground. The clever woodpecker will excavate holes in the trunk not far above the ground to reach this delicacy.

The dependence of this bird on older forests is apparent. For example, throughout this century, pileated woodpecker populations have fluctuated. Whenever the old forest was cut down, the woodpeckers in that area decreased in number. As the new growth of trees aged, the woodpeckers found more shelter trees and more trees with ants so their numbers increased. Faster methods of harvesting trees have created a landscape where the proportion of old forest left standing is shrinking daily. Pileated woodpeckers are running out of places to live.

That forests outside Fundy National Park are often harvested before they reach a size and condition suitable to support pileated woodpeckers has raised concern within the Park. Researchers know these birds reside year round in the same place and seem reluctant to fly over non-forested land. There is growing uncertainty about the future of the woodpeckers in the Park. Are they doomed to become an isolated population, too small to sustain itself over the long term? The deep knocking of a pileated woodpecker resonates through the forest, "a solemn and ancient sound to which the whole wooded heart of the forest makes echoing response" (Ernest Waters Wickers 1915). No one wants to imagine a time when the heart beat of the forest is silenced.

Frustrations of a field researcher

As the male drills a nest cavity in Fundy's forest, he may be discovered by a delighted field researcher who is looking forward to many weeks of observation and data collection at this nest site. Imagine the annoyance of researchers as time after time the female rejects that nest site and the male disappears into the woods to start all over again!

Telling Stories

Leaning on the stone parapets on the roof of an old defence tower, you are buffeted by the wind that sweeps in across the Bay of Fundy, past you, and off over the city of Saint John far below. The same wind filled the sails of ships carrying goods in and out of the harbour long ago, perhaps ships carrying enemies bent on attack. The present view of the sea and land surrounding the city is the same view the British valued when they chose this location to construct their Martello Tower in 1813.

National Historic Sites offer visitors the opportunity to imagine a moment in our history. The story of our country is told in many places. In southern New Brunswick you can visit three historic sites managed by Fundy National Park.

- ***Carleton Martello Tower in Saint John***

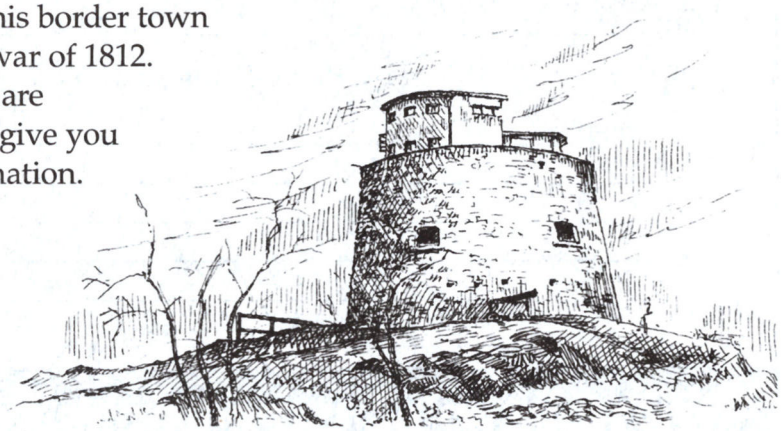
Explore the inside of this remarkable "cannonball-proof" structure recreated to show living conditions of the British troops garrisoned here in 1865. Interpreters will explain the tower's features.

- ***St. Andrews Blockhouse in St. Andrews***

The blockhouse is a heavy wooden structure fortified with cannons. It was built by nervous citizens of this border town during the war of 1812. Interpreters are available to give you more information.

- ***Saint Croix Island International Historic Site on Route 127 near St. Andrews***

This is the site of the first year-round settlement established in North America by Europeans. Tragically unsuccessful, it did however smooth the way for settling what later became Acadie. At the unstaffed site there is a good view of the island in the middle of the river, many interpretive signs, a picnic area and restrooms.



The Carleton Martello Tower has overlooked the harbour at Saint John, New Brunswick for nearly two centuries. Visitors can climb to the tower's roof from the inside.

How far is it?

From Park Administration to:

In the Park	kms
Bennett Lake	13
Chignecto	4
Herring Cove	9
Point Wolfe	10
Wolfe Lake	20
Outside the Park	
Cape Enrage	18
Hopewell Rocks	40
Mary's Point	26
Moncton	90
Riverside-Albert	23
Sussex	62
Trans-Canada	50
Waterside	10

Want to know more?

There, now you know the basics. If you would like to find out more about Fundy National Park, investigate these other sources:

- Orientation show - a 12 minute video at the Information Centre
- Fundy Guild publications for sale in the Information Centres - hiking trail, beach, forest, and bird guides, a book of historic photos of local area
- Evening programs and guided walks with interpreters
- Ask park staff at programs, information centres
- Explore the park and observe, make notes and sketches
- Visit the national park website at http://parkscanada.pch.gc.ca/np/np_e.htm

How Are We Doing?

Our job at Fundy is to protect and conserve our natural and cultural resources, and to educate the public about them. We also strive to provide you with excellent facilities and services. Your comments and suggestions are important to us because they help us improve how we operate.

We need to know about the great and not so great things going on in the Park, so we encourage you to pass along your comments and concerns directly to our Park attendants. That way, we can promptly address any questions or concerns you may have about facilities and programs. However, if you're a little shy or if you think of something after the fact, please fill in the form below and drop it off at any Park facility, or mail it to us at:
Fundy National Park, P.O. Box 40, Alma, NB E0A 1B0.
Thank you for taking the time to share your views. We hope you enjoy your stay at Fundy!

Date ____/____/____ Name _____

Address _____

City _____ Province _____ Postal Code _____

Reply Requested YES ____ NO ____

Comments _____

_____

_____

_____

_____

THE HOPEWELL CAPE ROCKS

The Bay of Fundy, One of the Marine Wonders of the World

The Bay of Fundy boasts the highest tides in the world. Fourteen metres deep or as tall as a four-story building at The Hopewell Cape Rocks. At low tide, you can actually walk on the ocean floor through huge sculptures carved by these mighty tides.

Enjoy hiking along spectacular scenery or take to the waves on a guided sea kayak excursion. Even if you have never kayaked before, it's easy to paddle the rugged Fundy coastline, past the towering Hopewell Cape Rocks, to secluded islands and echoing sea caves. It's a breathtaking adventure.

Experience the Bay of Fundy, "One of the Marine Wonders of the World" at The Hopewell Cape Rocks.

For more information on vacationing in New Brunswick, call Tourism New Brunswick toll-free 1 800 561-0123 or pick up a Welcome to New Brunswick Guide at New Brunswick Visitor Information Centres, New Brunswick Irving Oil Dealers or Fundy National Park visitor centres.

Fundy National Park welcomes our advertisers to *Salt & Fir*. The businesses listed in the following pages are here to serve you. You'll find places to stay, eat, shop and visit. You'll even find an exciting adventure or two! So, whether you're gearing up for that 50-kilometre trek around the park, or winding down from a hard day's vacation, you'll be able to find what you need nearby...

... Services and Stores in Alma

MacDonald **Self-Service (1994) Ltd.**

Your One-Stop Fundy Service Centre

• Groceries • Hardware • Gasoline • N.B.L.C. Agency Outlet • Canteen Facilities • Propane • Camping Supplies • Ice

Main Street, Alma, New Brunswick, E0A 1B0
Tel: (506) 887-2345 Fax: (506) 887-2346

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Complete Line of Groceries & Meats • Camping Supplies • Movie Rentals • Breakfast, Lunches & Dinners • All Home-Cooked Meals
Open Daily at 7:30 am, 7 days a Week
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Main Street, Alma, NB
Phone (506) 887-2450 • Fax (506) 887-2451
Owner: Kathy Bishop

Guilde de FUNDY Guild

N.B.'s Largest
Nature Bookstore
Identification Guides, Atlantic Canada, National Parks, Native, Children's, Backpacking, French Selection.
Also Maps, Postcards CD's, Tapes, Sweats & T's, Hats, Kites.
Open Year Round
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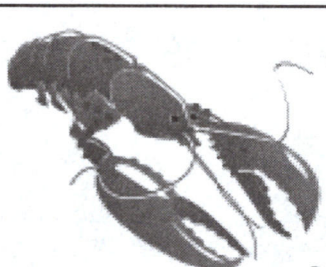
Fundy Clipper Hairstyling

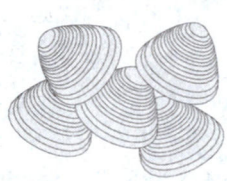
Hair Care for the Whole Family

Fundy View Drive
Alma, NB
Barb Blakney
Ph: 887-2241



Collins Lobster Ltd.

Bay of Fundy Lobster
Live and Cooked
Alma, NB



CLAMS - SCALLOPS - SALMON - MUSSELS - FISH
Manager - Michael Mitchell
Bus: 887-2054
Fax: 887-2078

... Stores & Places to Stay

Janice V. Garden

Signature Ladies Clothing

Designer Labels/Outlet prices
Open June - September and by appointment

Drop in and see us at our boutique located in Alma, New Brunswick, the entrance of Fundy National Park, between the MacDonald's Self-Service and the Campers supply depot.

Phone: (506) 887-2526 or (506) 887-2510

Peck Colonial B & B and Tea Room

Phone 506-882-2114 CANADA SELECT

Located on Rte 114 between Moncton and Fundy National Park - 10 minutes drive to the Hopewell Rocks and 20 minute drive to Fundy.

Historic ancestral Georgian home built in 1790's, set among spacious lawns and gardens. 3 comfortable guest rooms with antique pieces, 2 baths. Delicious homecooked breakfast - all you can eat - homemade breads, jams, and maple syrup. VISA accepted. No smoking. Children welcome. Set on 340 acres of fields, forest and streams. Enjoy lunch or dinner in our unique tea room. Come and enjoy our "Down East Hospitality".

Captain's Inn

Alma, N.B.
EOA 1B0

(506) 887-2017 FAX: (506) 887-2074

Unique Country Inn on the Bay of Fundy at the entrance to Fundy National Park.
Non-Smoking

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CANADA SELECT
Recommended ACCOMMODATION

Come Stay With Us
Caledonia Highlands Inn and Chalets

overlooking the beautiful

Bay of Fundy

Located in the Park Hills

Caledonia Highlands Inn is located in the Fundy park hills overlooking the golf course, swimming pool, playground and amphitheater with regular monthly programs. A restaurant and lounge is located adjacent to the golf course and tennis courts.

Each room and chalet is fully equipped with kitchen facilities and bathroom. The Chalets have a bed-sitting room which contains two double beds, colour T.V. and the other furniture required to provide the holidayer with comfortable accomodations.

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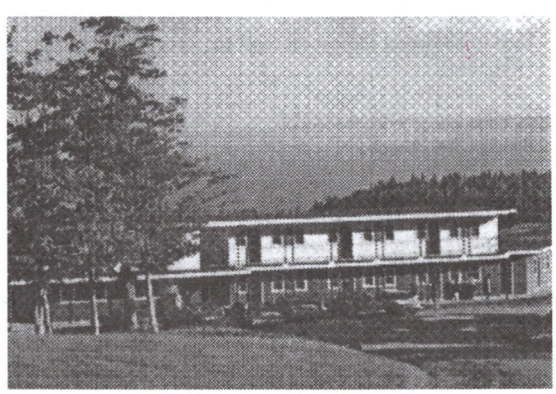
Perth-Andover, N.B. E0J 1B0
(506) 273-4334

SUMMER
(May 10th to Oct. 20th)
Fundy National Park
P.O. Box 99
Alma N.B. E0A 1B0
Phone: (506) 887-2930



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Nearest Park to the Rocks and World's Highest Tides

2 mi (3.2 km) SW of Hopewell Cape, NB on Rt. 114

35 minutes from Fundy National Park

Savour the best of nature and spend some quality time at

Shepody Country Cottage

Enjoy an escape weekend, family vacation or special time with friends. Appreciate unlimited biking, walking, beachcoming, bird watching, cross-country skiing, whatever the season allows from your cottage door.

Lodge in our private, 4 bedroom/2 bath cottage, complete housekeeping with gas BBQ.

Contact Claude or Lynn Dixson at (506) 882-2667, fax: (506) 882-2625, R. R. #2 Albert, NB, E0A 1A0

Sandpiper Bed & Breakfast and Studio

Located at the corner of Mary's Point Road and route 915, three kilometres from Riverside-Albert.

Stephen and Patricia Marshall

R. R. 2 Albert, NB

(506) 882-2744

For information on camping in Fundy National Park, see page 12

BAYVIEW MOTEL
CHALETS AND TRAILER PARK

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- Comfortable single & double rooms
- Housekeeping unit available *cable TV
- Fully-accommodated non-smoking chalets
- Full trailer hookups
- 10 minutes walk to Alma

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Gateway to Fundy National Park

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Fax: (506) 387-4626

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Gracious 1860 manor nestled along the Bay of Fundy
• Romance, birding, hiking • Dinner by reservation
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• Affordable rates • Only 20 minutes from Fundy National Park
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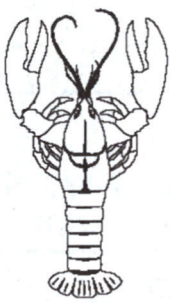
1-800-665-2271

CANADA SELECT

... Places to Stay

Parkland VILLAGE INN

Alma



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200 foot frontage on the always facinating Bay of Fundy.
Two Bedroom ocean view suites, with private bath.
Fully licensed dining room & lounge featuring

Bay of Fundy hot boiled Lobster • Scallops • Atlantic Salmon & Halibut
and many other mouth watering dishes.
Drop in and visit with us in our intimate lounge.

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seafood • chicken • burgers

Parkland Coin Operated Laundry
clean • spacious

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Fresh Bread, Pies and Pastries

Picnic Lunches Available

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"Home Baked Goodness Away From Home" Fresh Bread, Pies, Donuts, Etc.
Soups, Subs, Sandwiches & More
* Diabetic Items Available on Order
Assorted Party Trays
Picnic Tables Available

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QUALITY FOOD-FRESH SEAFOOD
• WHOLE CLAMS • SCALLOPS •
• CHICKEN • BURGERS • AND MORE •

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Located halfway between Fundy Park & The Rocks on Route 114 in Albert

• Fresh Seafood • good down-home cooking

Daily Specials

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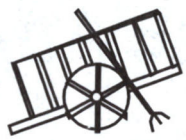
E-mail: gebuhbaa@nbed.nb.ca



Visit the Albert County Museum's Jail,
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Open Daily
15 June to 15 Sept, 9:30 am to 5:30 pm.

Maples Canteen

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Sunday Excursions
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June 22 to Sept. 1st 10:00 am 8:00 pm

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*****No Experience necessary, Groups and Families are Welcome*****

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Day Adventure including rappelling, climbing canoeing and kayaking each on the coast with a fabulous view of the Bay of Fundy.

Seminars and Workshops in photography, watercolours, stained glass, creative writing, salt-marsh ecology, fossils and Fundy physics.

Adventure Camps for youth each Sunday evening through Friday afternoon featuring Adventure Camps, Adventures in Leadership, Adventures in Science, Adventures in Fine Arts. All camps offer rappelling, climbing, kayaking, canoeing. Adults adventure camps offered on weekends, reservation required

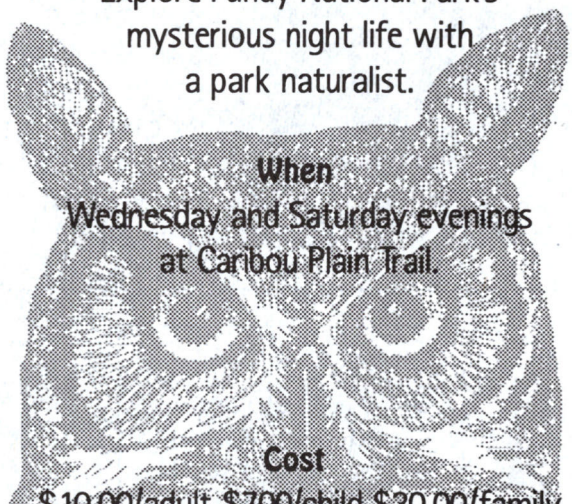
Relaxing Hospitality is the first priority of our staff who are students proud to be part of this special restoration project of Harrison Trimble High School. Free admission to the greatest scenery on the Bay, a functional lighthouse built in 1850 and you'll be amazed at the fossils!

Contact us at (506) 887-2273 during our open season from late May until mid October. At other times, phone (506) 856-3417. The restaurant is open from 10 AM until 7 PM. Located 15 km east of Alma on Route 915 or 17 km west of Riverside-Albert on Route 915.

... Things to Do

Fundy Night Life

Explore Fundy National Park's mysterious night life with a park naturalist.



When
Wednesday and Saturday evenings at Caribou Plain Trail.

Cost
$10.00/adult $7.00/child $30.00/family
Includes a 3-hour guided walk and a light snack.
Tickets are on sale at the park Visitor Centre.

For more information call: 887-6000

Exhibit

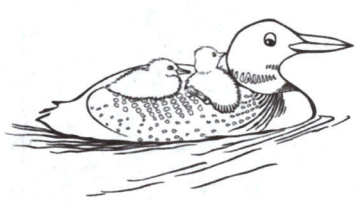
The Many Faces of Nature

How have people perceived nature over the ages? Explore this question in a playful manner and reflect on your own values toward nature. You are invited to investigate a large display created by the Musée du Séminaire de Sherbrooke and the Montreal Biodôme.

"The Many Faces of Nature" stands in Fundy National Park's Assembly Hall from June 23 to September 1.

Admission costs
$1 - adult
$0.50 - child
$2.50 - family

... Local Arts & Crafts



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Wild Bird Store

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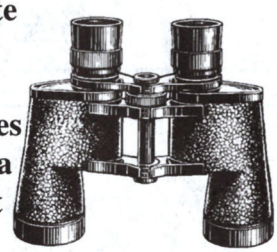
Special Orders Welcome



Try Binoculars and Telescopes In Our Outdoor Feeder Area That Has Attracted Almost 100 species of birds.

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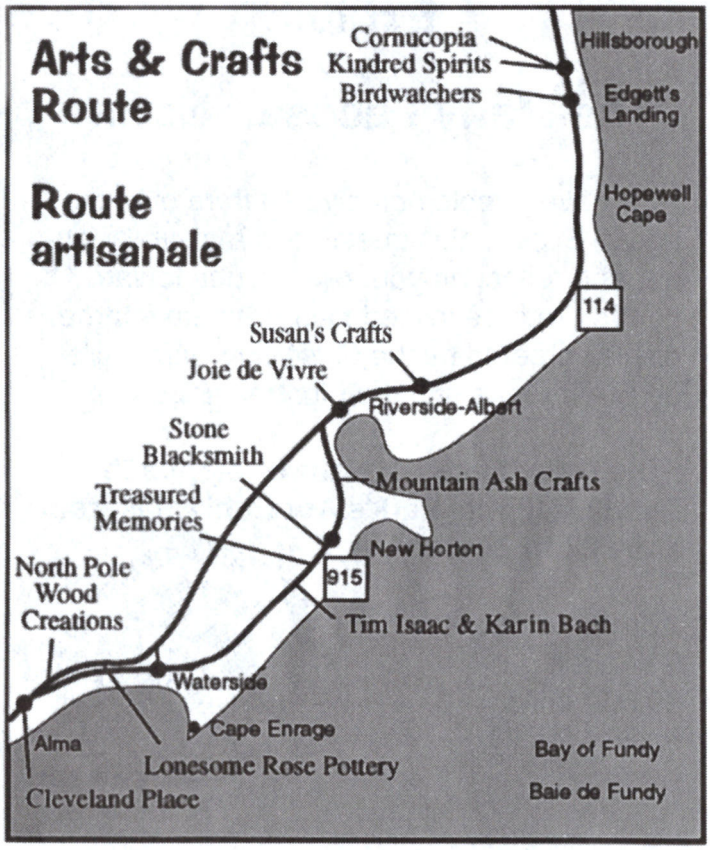
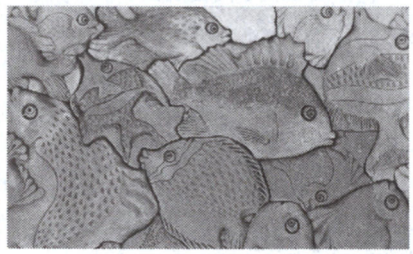
... Local Arts & Crafts



TIM ISAAC **KARIN BACH**

SCULPTURE, CLAY TILES & UNUSUAL POTTERY



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Margaret

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Lawn Dolls ~ Outdoor Ornaments
Maritime Tartan Dolls ~ Decorative Patio Tables

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"One of Santa's Approved Workshops"
Visit Santa's Christmas Shop where you'll
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"Our Specialty is Custom Woodworking"

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Candles & MUCH MORE
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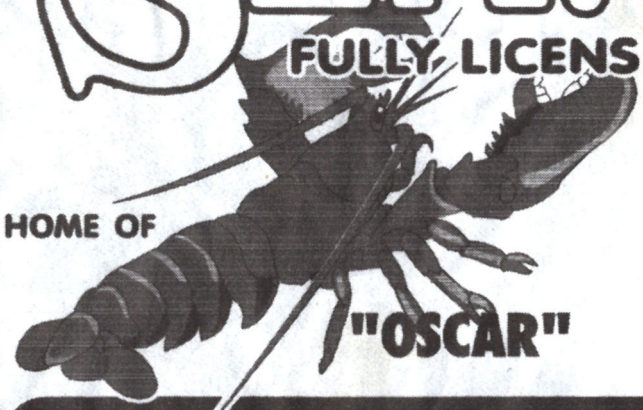
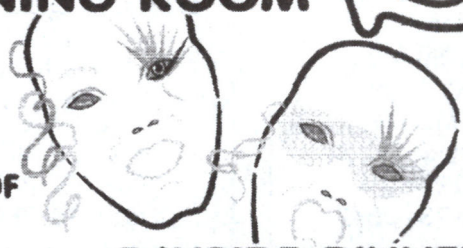
SEAWINDS

FULLY LICENSED DINING ROOM



HOME OF

"OSCAR"

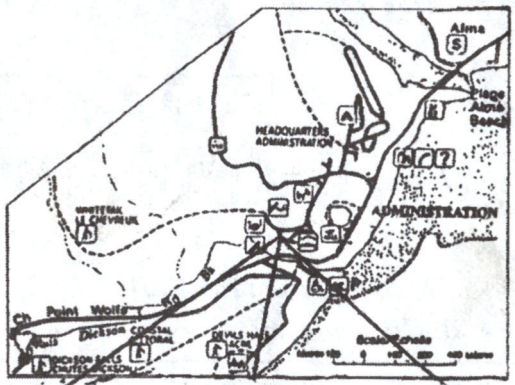


HOME OF

BAYSIDE DINNER THEATRE

Fishermans Choice for Maritime Seafood Dishes
Affordable Homestyle cooking for the whole family

LOCATED BESIDE FUNDY PARK CHALET'S & GOLF COURSE IN THE CENTER OF PARK ACTIVITIES.



- 29 Housekeeping Units
- 9 Hole Golf Course
- Seawinds Dining Room
- Tennis Courts
- Lawn Bowling
- Heated Salt water Pool
- Adventure Playground

Fundy Park Chalets, Handicrafts & Gift Shop in beautiful

FUNDY NATIONAL PARK

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